

# Being Yoga at Yoga Rasa

*Teacher training/continuing education credit.....*

## *Upcoming Dates:*

### **January 2010**

#### ***Mondays***

1/11

1/18

1/25

#### ***Saturdays***

1/9

### **February 2010**

#### ***Mondays***

2/1 (7 pm – Nataraja)

2/8

2/15

#### ***Saturdays***

2/13

2/27

### **March 2010**

#### ***Mondays***

3/1

3/8

3/22 (7 pm – Nataraja)

#### ***Saturdays***

3/20

3/27

### **April 2010**

#### ***Mondays***

4/5

4/12

4/19

#### ***Saturdays***

4/24

### **May 2010**

#### ***Mondays***

5/3 (7 pm – Nataraja)

5/10

5/17

#### ***Saturdays***

5/8

5/22

### **June 2010**

#### ***Mondays***

6/7

6/14

6/21 (7 pm – Nataraja)

#### ***Saturdays***

6/5

6/12

***“Never doubt that a small group  
of thoughtful, committed citizens can  
change the world. Indeed, it is the only  
thing that ever has.”***

***~ Margaret Mead***

***Please remember to sign in for each session!  
Namaste'***

