

# Share the Love 2012

Tracie invites you to sample our Lotus Moves classes throughout the year!

Take these opportunities to discover the many ways these classes will complement and expand your current fitness routine.

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January: NIA Moves

February: Zumba Crave

March: Pole “Fun”damentals & Irresistable Chair Dance & Floorwork

April: Belly Raks & EnerPilates

May: Zumba Crave

June: NIA Moves

July: Pole “Fun”damentals & EnerPilates

August: Belly Raks

September: Zumba Crave

October: Belly Raks & Irresistable Chair Dance & Floorwork

November: Pole “Fun”damentals & NIA Moves

December: Zumba Crave & EnerPilates

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Any Yoga Rasa student may also bring a friend, free of charge, to the featured classes (each friend must complete a registration form before attending their first class).

Our Lotus Moves teachers are ready to serve you!

