

Taste of Lotus Moves

A Women's Empowerment Day: Redefining Beauty



Artwork by Laura Lopez Cano

Saturday, May 12 ♦ 11 - 5:30 pm

Presented by Padma Shakti & Sisters

Simply beautiful fitness demos

by Martha Majay, Elle Anders, Jahari, and many more

Art gallery and performances

by Elle Anders, Carla Guidry, and Denise Ngo

Featured Artists:

Laura Lopez Cano, Terri Lera & Women Who Art

Exquisite food catered by **Allegria Wine Bar and Cocktail Lounge.**

Wine tastings and samplings will be offered.

Tracie invites you and your friends to the hottest soiree on the planet!

Experience the meaning of "conscious, simply beautiful fitness."

Fitness is a byproduct when you view yourself as the beautiful woman you are.

We will spend the day sampling pole fitness, chair dance, Zumba, Belly Raks, Enerpilates & more. Enjoy guest speakers, exhibitors, gift drawings, fashion show, & a sweets table.

Come dressed to sample some of the practices!

Single Ticket:

\$32 by May 5, \$48 after

Buy Ticket Packages & Save:

5 tickets for \$135 ~ 15 percent off ♦ 10 tickets for \$249 ~ 20 percent off

Ignite the Fire of the Femme.

Simply Beautiful Fitness! Power, Strength and Grace

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