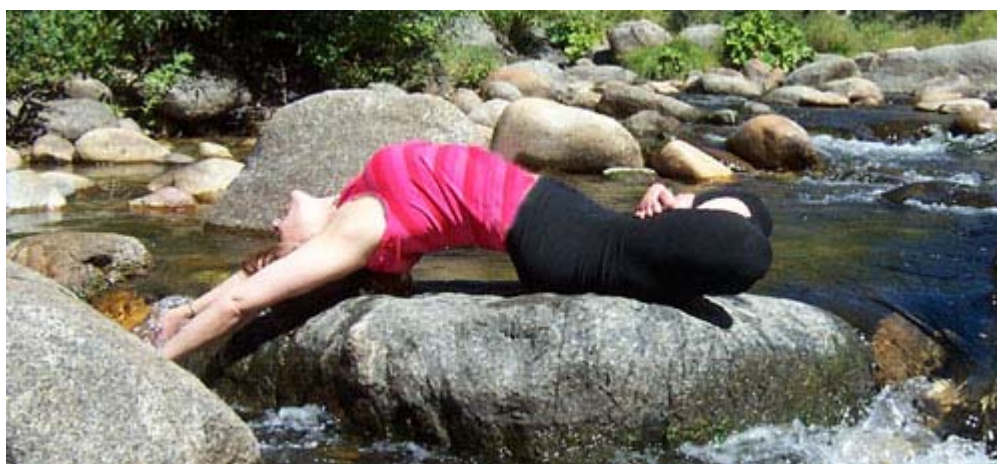


☀ 10 Nights of Vinyasa Yoga: ☀

☀ Solar Power ☀

April 16-25, 2007



☀ Power ☀ Strength ☀ Balance ☀ Focus ☀

Tuition \$75.00

Passport to Balance \$65.00*

*Due March 16, 2007



- *Power Yoga Those Extra Calories Away* •
- *Gain Optimum Fitness* •
- *Develop Power and Strength, Focus and Concentration* •
- *Fine Tune Your Power Yoga Practice* •
- *Realize Total Core Strength and Pelvic Stability* •
- *Lift Up In Arm Balances* •
- *Move On To the Next Level in Your Practice* •
- *Heighten Your Perception of Breath and Prana* •

☺ *Have Fun* ☺



Yoga Rasa

3800R Spencer Hwy • Pasadena, TX 77504

Phone: 713-941-9642 • Website: www.YogaRasa.net



Schedule of classes:

April 16, Monday: 6:30-9:15 pm

April 17, Tuesday: 5:30-7:30 pm

April 18, Wednesday: 5:30-7:30 pm

April 19, Thursday: 5:30-7:00 pm

April 20, Friday: 6:30-8:30 pm

April 21, Saturday: 10:30 am-12:00 pm

April 22, Sunday: 10:00 am-12:00 pm

April 23, Monday: 6:30-8:00 pm

April 24, Tuesday: 5:30-7:30 pm

April 25, Wednesday: 5:30-7:30 pm

Registration

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone Number(s): _____

Email: _____

Known Health Conditions: _____

Disclaimer

Yoga is a system of healthy exercises designed to support optimum health. The approaches described and taught in this course are not offered as cures, prescriptions, diagnoses or a means of diagnosis to different conditions. The information must be viewed as an objective compilation of existing data and research. The instructors assume no responsibility in the correct or incorrect use of this information and no attempt should be made to use any of this information as a form of treatment without the approval and guidance of your doctor.

By undersigning, I have reviewed, understand and agree to the above disclaimer.

Signature