

# Advanced Yoga Studies Part I



## Tracie Brace, E-RYT 500 (Padma Shakti)

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**Early Bird Registration \$185**

*Deposit of \$50 due July 12*

*Balance due July 26*



**Regular Registration \$245**



**August 9 & 10, 2008**

**7:00 a.m. – 4:00 p.m.**

**both days**



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*You Will Learn:*

- ★ *5 Qualities of the Effective Teacher* ★
- ★ *Empower Yourself to Empower Others* ★
- ★ *How Yoga Therapy Can Serve You So You May Serve Others* ★
- ★ *How to Serve In Private Yoga Sessions* ★
- ★ *Teaching a Large Group (75 or more)* ★
- ★ *Evolving From Yoga Instructor to Yoga Mentor* ★
- ★ *The Business of Yoga & Yoga As A Career* ★

3800 R spencer hwy | pasadena, TX 77504

713.941.9642 | [www.yogarasa.net](http://www.yogarasa.net)



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# About your teacher....

## Tracie Brace, E-RYT 500



Tracie (Padma Shakti) is the founder and Yoga Studies Director for Yoga Rasa. Her ability to effectively disseminate the yoga teachings, leading students toward a more excellent quality of life and more subtle awareness and understanding in life, is made possible by her study and love of these great beings: Dr. David Hoch, Lex Gillian, Reverend Karen Tudor, Sandra Summerfield-Kozak, Rodney Yee, Erich Schiffmann, Shiva Rea, David Frawley and Swami Atma. There are many other masters and teachers unnamed to pay homage to as well, whether by lineage living now or before. Her current studies are influenced mostly by Rod Stryker, Shiva Rea, Dr. Stephen Phillips (Swamiji), Reverend Richard Rogers, Yoga Rasa Kula, Intuition and God.



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### Registration – Advanced Yoga Studies Part I (8/9-10/08)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

Email: \_\_\_\_\_

Known Health Conditions: \_\_\_\_\_

#### Disclaimer

Yoga is a system of healthy exercises designed to support optimum health. The approaches described and taught in this course are not offered as cures, prescriptions, diagnoses or a means of diagnosis to different conditions. The information must be viewed as an objective compilation of existing data and research. The instructors assume no responsibility in the correct or incorrect use of this information and no attempt should be made to use any of this information as a form of treatment without the approval and guidance of your doctor.

By undersigning, I have reviewed, understand and agree to the above disclaimer.

\_\_\_\_\_  
Signature