

Eight Hour Meditation Intensive Level 2—TT500

***Saturday & Sunday
August 27th and 28th, 2005
Saturday 10:30am-1:30pm
Sunday 9 am—1 pm***

***Yoga Rasa
3800R Spencer @ Burke
Pasadena, TX 77504
713-941-9642
\$75***

Join Tracie to

Discover

The simple, pleasant process of coherent thinking.

Learn

To remain alert & observe yet calm & collected.

Identify

Clouded perceptions preventing you from enjoying clear awareness.

Enjoy

The fun, gentle & exhilarating results of meditation!

Please bring zafu, blanket, eye pillow, and bottled water.

***call now & reserve your place
713-941-9642***