

Beginner Tribal Fusion Bellydance

**Saturday, January 19
1-4 pm**

**Professional Performance
& Party 6:30 pm**

**\$30 early bird, by 1/5
\$45 after 1/5**



No previous dance experience required!

Tribal Fusion Bellydance combines traditional bellydance with influence of other dance styles for a fun and effective way to express yourself and to condition your body.

You will learn basic postures, moves, and routines, and experience the many benefits, including:

- **Toning and firming all over body**
- **Flexibility and ease of movement**
- **Camaraderie**



Yoga Rasa

3800R Spencer Hwy • Pasadena, TX 77504
Phone: 713-941-9642 • Website: www.YogaRasa.net



About Your Teachers...

Silvia Salamanca & Lori Webb



Silvia (right) and Lori performing together. Silvia is also shown in the photo on front of flyer.

Silvia Salamanca: Silvia is a life-long dancer from Mallorca, Spain. She started her career as a belly dancer 6 years ago, when realizing the enormous benefits that this art-form brings to women in both body and spirit (something that she felt truly missing in other dance practices). From her first teachers, Tasnim Melendres and the acclaimed Nur Banu, two natural born-Egyptians, she realized how with the practice of belly dance the woman can get closer to her self identity and discover herself at a new level, increasing self-esteem, releasing tension. She has studied with Rachel Brice, Sharon Kihara and Urban Gypsy, and has been a two-time finalist for the Belly Dance Superstars auditions as a Tribal Dancer. With her personal tribal-fusion belly dance project (Shunyata Bellydance) Silvia has been performing at the Texas Renaissance festival. She has also been invited to teach workshops around Texas. Silvia feels honored and blessed to be now part of the premiere Houston Tribal performance troupe Urban Gypsy, and expects that this new adventure will make her grow in talent all together with her new sisters in dance. Silvia teaches both Tribal and Egyptian style belly dance in Houston.

Lori Webb: Lori discovered tribal fusion belly dance in 2005 during a mindful search to fill a creative and physical void. "...I walked through the door of the art gallery, and the feeling that came over me when I heard the slow, low, heartbeat of the drums was overwhelming. I turned the corner and saw the serpentine movements, the gorgeous costumes, the beautiful antique jewelry and I was completely mesmerized. This was not the belly dance I'd seen before; THIS was my home." Most of all, she loves the camaraderie she's established with her fellow dance mates. It has changed her life and her soul and plans to study this art form until she can no longer stand. She has studied with Urban Gypsy of Houston, Rachel Brice and Zoe Jakes of the Indigo, Sharon Kihara of Bellydance Superstars, and Zafira Dance Company of Pittsburg. She is currently in private study with Silvia Salamanca of Mallorca, Spain and is training at Zahira Noor Studios with her up and coming troupe Tribe Zahira, also directed by Silvia.



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